**Years 7-9( F 1-3) Integrated Learning Radio session 2**

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| **Time** | **Activity** | **Description** |  |
| 3 mins | **Greetings and welcome** | **Rose**: Hello and welcome again all good students throughout Solomon Islands, to the second **Junior Secondary School Home School Radio session.**  For this session you will have 3 teachers, so with you here in the studios, we have……………………………………**,** your Science and Health Teachers, and **myself- ……………, your facilitator and ………………………. teacher**. We will each take you through different sections of the session as follows. |  |
| 2 mins | **Introduction of the session and learning outcomes** | ***Adrian:***  ***As promised in*** the last radio session, today, we will re-look at the text we read to you last week so we ask you to listen carefully to the instructions on what we will do for each activity question.  Let us now return to your activity questions and the text as read in the last session.  Remember, that your topic or theme for our radio session is, ‘***Healthy living or Keeping safe from respiratory diseases’,*** which was taken from the subjects- **Science and Health, and the main aim of the session is to help you improve** your ***Personal, Social and Health well-being.***  In other words, students, as you listen again to the text in this session, and engage in thinking about answers to the activity questions, you are expected or required to know some facts about how to prevent yourself from respiratory diseases or sicknesses that can affect the lungs and our breathing system such as the coronavirus, and as you improve your knowledge and understanding on good personal health practices and habits, we also expect you to help teach your family, friends, and community about good health practices.  **Gina**; In English, remember, our focus for today is on the use of verbs to give commands and strong instructions. In other words, we will work to identify **the imperative verbs** used in the sentences in the text. In addition to this, students, today, we will also ask you to find **examples of texts in which imperative verbs are used. Our aim is to help you identify examples of texts with commanding tones, and understand why writers use imperative verbs in texts.** |  |
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| 20 mins | **Details of the session** | **Gina:**  Now back to your text. Your text was taken from ‘*Coronavirus Prevention Handbook: 101 Science based tips that could save your life’, written* by Zhou, W, and published in 2020. This time, I will stop to explain new vocabulary and technical words used in the text, and as I do, you are welcome to write the words down so you can find their meanings in your own time.  ***The title of the text is ‘Prevention against Coronavirus’.***  When coughing or sneezing, the  patient with acute respiratory diseases should cover their nose and  mouth with the arm or other materials, like handkerchiefs, paper towels, or masks) to reduce droplet transmission. After exposure to  respiratory secretions, perform hand hygiene immediately, and wash  hands frequently in daily life.  Personal precautions are as follows:  Firstly, **maintain** a balanced diet, ensuring adequate nutrition, and  maintaining oral health can help prevent against infection.  Secondly, e**xercise** regularly to boost immunity.  Thirdly, **quit** smoking, limit alcohol consumption, and stay in good  spirits.  Fourthly,  **ensure** indoor ventilation: natural ventilation and, or use of  exhaust fans for better airflow.  *That is the end of the text.*  **Adrian:**  *Now I kindly ask you to look at your answers for the short answer questions as we continue.*   1. ***Identify 4 precautions*** *which you can take against Coronavirus as mentioned in the text.*   *According to the text, the 4 personal precautions include:*   1. **Having enough food from the three food groups- carbohydrate, protein and protective foods**, and   maintaining oral health can help prevent against infection.   1. Doing regular exercise to strengthen the body’s immune or protective system. 2. **Stop** smoking, reduce alcohol intake, and stay in good   spirits.  d.  **Making sure** there is enough space where you live to allow fresh air to circulate.  **Gina:**  *Let’s look at the second question.*   1. ***List the******imperative verbs*** *used in the* ***4 instructions*** *about coronavirus prevention.*   Do you remember what we said about imperative verbs in our last session?  We made mention of one clear characteristic of the use of imperative verbs, and we said that, when imperative verbs are used in instructions or orders, what we have is something like a command or an order, with quite a strong commanding or authoritative tone. For instance, if I say, **‘Wake up students and run for your life’!, or, ‘Sit still boys, and listen to me’! The imperative verbs I used are: Wake up, and run, Sit still, listen…and my intention or purpose is** to give an order which **must be obeyed immediately.** And I choose to use verbs in this way **to show that what I am saying is important, serious, or** urgent. So are we ready to identify the four instructions and find the verbs which gives the text its imperative or commanding tone? Good.  I am now going to read the four precaution measures as given in the text for you, and you can decide with me which of the verbs in the sentences, **have the serious or urgent tone.**   1. **Maintain** a balanced diet, ensuring adequate nutrition, and maintaining oral health can help prevent against infection.   The imperative verb here is: ***maintain***. Good.   1. Secondly, e**xercise** regularly to boost immunity.   The verb used is ***exercise.***   1. Thirdly, **quit** smoking, **limit** alcohol consumption, and **stay** in good spirits.   The verbs here are:  -***quit, limit,*** and ***stay***   1. Fourthly, **ensure** indoor ventilation: natural ventilation and, or use of exhaust fans for better airflow.   The verb here is; ***ensure***  ***Okay to help you understand the use of imperative verbs more clearly, I will dictate for you a take-away activity which you can do in your own time.***  ***Find one or two texts, in which a list of instructions or orders is used in the newspaper, on the notice boards, radio, in cooking, recipes, classrooms, and on health posters or pamphlets, and write this down in your exercise book.***  ***Identify all imperative verbs and explain why the writer of the text uses imperative verbs that way.***  *Great, now we shall we move on to answer your next set of questions?*  **Adrian***: Under the* ***Take- Home Research Questions***  ***Forms 1, 2 and 3, your question is:***   * ***Find out*** *whether your* ***family, friends, or community members****, know about ways to prevent themselves from the coronavirus. You can do this by doing a small interview with them.*   ***Okay students. Did you attempt or try to do this small research in your own time?***  ***If so, what did you find, when you interviewed your family, friends and some people in your community?***  ***If you found that most people are yet to know, could you start some strategies in how to inform them? Or, pay attention to the discussion of the answers to the final take-home question.***  ***If you have found out most people already knew, could you advise them to pass on the message? Also, listen carefully to some ways that will be discussed under the final take-home question. You might like to use some of the ideas here to share with your family, friends and community.***  ***Rose***  ***For Form 3 students, your next question is:***   * *Using your knowledge and understanding of the 4 prevention measures against coronavirus,* ***how would you help members of your family, community, and friends to understand these precautions.***   *To help you with possible ways to help members of your family, community and friends; you might like to take note of the following:*   1. *First, talk to people in detail about the importance of having a balanced diet, what it is about. Explain the importance of caring for our mouth, and teeth.* Emphasise that mouth is the widow to the health of your body for example, regular brushing of teeth &mouth) can help prevent against infection. 2. *Secondly, explain the importance through regular exercise, as a way of keeping fit and healthy because in doing so,* we can also prevent Non Communicable Diseases/lifestyle diseases such as overweight, obesity, high blood pressure, diabetics, stroke, cancer & heart diseases. 3. *Thirdly, discourage smokers and drinkers to slow down and stop their habits gradually.* 4. *Fourthly, to encourage everyone to have enough breathing space where they live.*   *Encourage all to start working out ways to practise good health hygiene or cleanliness..*  **Remember to always cover mouth when coughing/sneezing with shirt/blouse/tissue and wash hands to prevent spread of virus.**  **Remember to always wash hands when preparing food, touching nose, mouth, eyes, ear, after using the toilet or touch any dirty surfaces and so on.**  ***“Obedience is better than sacrifice*** |
| **3 mins** | **Summing up** | **Gina:** Okay students, this is the end of this radio session.  Just a quick recap. In this session, we have worked together to formulate answers to questions on a text on the coronavirus, under the topic, ‘***Healthy living or Keeping safe from respiratory diseases’***. I believe, by now, you will have received useful knowledge and improve your understanding of the important measures or precautions we all need to take against any respiratory disease- especially, Coronavirus.  **In English,** we have consolidated our understanding of the **use of imperative verbs, as used in orders or instructions.**  For your take-home message, please, work on the take-home tasks for the next week, and we kindly ask you to make use of available resources such as television, radio, newspaper, magazines, health posters and other reading materials within reach, to help you expand your knowledge about healthy practices, and as well as to enhance your English language learning. The more you listen to English and read in your own time, the more chances you will have to access language and how language is used in texts in a daily basis.  And with this, STUDENTS, we have come to the end of the session.  THANK YOU FOR YOUR TIME AND ATTENTION TO THIS SESSION.  WE WISH you all the very best, and God’s blessings.  From us- Rose Paia, Adrian Dorovia, and Gina Pita  **GoodBye for now!!** |  |