**Lesson Plan – Radio Learners Continuity Plan**

**Topic:** Personal Hygiene Practices – Washing Hands

**Year Group:** Year 1 – Year 3 (ages 7 – 9)

**Subjects:** Health

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| **Outline** | | |
| ***What is the challenge your students will tackle?*** | ***Why is this meaningful to the students – What’s the point?*** | ***What are the key ideas that the students will remember?*** |
| Student need to have access to radio and assistance from parents and guidance.  A shift from the normal formal traditional classroom learning to home learning. | We want students to become familiar with the hand washing steps by miming them and practicing them daily.  **English**  We want students to become familiar with use of English language and words that are used to organised events in order.  Here they are going to talk and write about events they are familiar with – by using the following words;  (First, Then, After that, later, Next, Finally)  **Health Education**  We want the students to know that washing of hands with clean water before eating helps prevent health problems. | We want the students to know and use personal hygiene practices for their lifelong living.  **English**  We want the students to learn and be able to use the words to organise things that take place in an event in order whether in their talks, discussions or writing so that they will realise that events always happen in order or sequence.  **Health Education**  We want the students to know and be able to apply the habits of cleanliness *(hand washing before eating)* to prevent health problems. |

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| **Learning Objectives** | |
| ***What Curriculum Learning Outcomes will be addressed?*** | ***How are the Key Learning Outcomes addressed?*** |
| **English**  Year 1 – 3 English Language Studies, particularly words used to indicate time and order of events in a recount.  ***By the end of the lesson/activity students will be able to:***  **1.3.1.1** Talk about how to clean parts of their bodies appropriately from head to toe. (hands).  **2.3.1.1** state the essential daily practices, e.g., washing hands and clean all parts of the body.  **3.53.1.1** state what they do to care for their personal belongings (towels).  **3.3. 2.1** state the health benefits of cleaning and caring for personal belongings (towels) | **Lifelong Learning:**  Realisation that learning is a lifelong experience; encouragement of innovation, creativity, and a positive view of learning after school.  **Development of the Whole Person:**  Development of the whole person including social, physical, mental and spiritual life of the individual, environmental and health awareness and good health practices  **and Good Citizenship:**  Development of positive moral and ethical values based on social responsibilities focused on values, education, civics and citizenship.  *Students will use the words to indicate time and order in a recount to organise their ideas whether in their oral talks, discussions or writing*.  *For the Health Education concept; children will learn the importance of washing their hands before eating as well as assist to promote the importance of washing hands to the rest of the family, school and or the community as a whole.*  **Development of the whole person:**  Development of the whole person including; social, physical, mental life of the individual and health awareness and good health practices such as washing of hands before eating. *For example; children will wash their hands before eating and as well as assist to promote the importance of washing hands to the rest of the family, the school and or the community as a whole.* |

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| **Reflection** | |
| ***How will you know what they are learning?*** | ***In what ways will students reflect on progress?*** |
| Through listening to the radio and responding appropriately (parents and guidance feedback) | Through Self - Assessment and/or with support from parent or guidance. |

**Radio Programme - Lesson Presentation**

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|  | Description | Time |
| **Introduction** | **Parents/Guidance Tip**: Welcome back to our next session for students in Years 1, 2,& 3 classes for this week’s Home School learning. Again to our good Parents & Guardians, Please sit with your child and listen very carefully during this 30 minute programme.  Stap weitim iumi lo programme today, are some teachers from various schools in Honiara who are supporting our learners during this SOE Period, NAMELY – June Ruma Piatir, Noelyn Otari, Didry Gwali, Abigail Marita and ,MI Pauline Fakaia. *(Repeat important points in pijin)*  OK, CHILDREN, BEFORE WE START OUR LESSON for TODAY, WHICH IS IN HEALTH STUDIES,  I want us to go back to our last weeks lesson in ENGLISH – SEQUENCE OF EVENTS – What is Sequence of Events? WEA MI TALEM DAT SEQUENCE OF EVENTS ARE EVENTS OF A STORY IN ORDER FROM FIRST TO LAST/HAPPENIGS IN ORDER (AS MI TALEM DAT WATEVA U READIM INSIDE LO BOOK, HEM ALWAYS FOLOM ORDER IA – OSEM THE E.G LO COOKIM RICE IA – WAT NA BY U DUIM OR MUM BLO U DUIM BEFORE HEM PUTUM POT RICE IA ONTOP LO FIRE. AND, MI USIM NA OKETA TIME ORDER WORDS OSEM – FIRST, NEXT, THEN & FINALLY – SO IMI GO BAK NA LO E.G BLO COOKIM RICA IA - FIRST, PUTUM RICE INSIDE LO POT, NEXT, WASH THE RICE, THEN, MEASURE THE WATER AND FINALLY PUT THE POT OF RICE ON THE FIRE. SO THE PROCESS OF WAT IMI DUIM GOGO KASEM LO LAST PART OF ANYTHING IUMI DUIM IS CALLED SEQUENCE OF EVENTS. SO SEQUENCE OF EVENTS IS VERY IMPORTANT FOR STUDENTS TO LEARN SO THAT YOU UNDERSTAND WHAT YOU READ, AND KNOW THE ORDER OF EVENTS THAT HAPPEN IN A STORY AND ALSO HELP STUDENTS IN THEIR OWN WRITING – ORGANISE INFORMATION AND IDEAS IN THEIR OWN WRITING – or tingting blo u wea u like for writim down osem one short story, by u save how for putum lo order for hem mekem meaning lo hem.  SO, THAT IS WHY SEQUENCE OF EVENTS IS VERY IMPORTANT FOR US TO LEARN.  So, now I will hand over to the teachers to start of our Health Lesson for today. |  |
| **Actual Introduction** | **Cleanliness:**  Hygiene refers to those actions we take to ensure the cleanliness of ourselves, our homes, schools, communities and other people.  Many of our personal habits include how we look after ourselves, our belongings and our homes.  **Cleanliness or personal hygiene is everybodys responsibility:**   * Looking after yourself and caring for our body   Example, ears, hair, teeth, hands, feetrem samfala   * Looking after and caring for your belongings   Example, school bags, shoes, clothes like towel, uniforms etc…   * Looking after and caring for our homes   Example, throwing rubbish away, wash plates, sweeping the floor.  **Say** – Now we will start and I would like you to listen very carefully to the words of the song that we are going to sing (***teachers sing the song*** *– Wash your hands with soap and water*) **3X**.  **Say** – The words of the song tells us that we must wash our hands with soap and water  So, Did you wash your hands before you eat your food?  If yes, very good, because you have eaten your food with clean hands. But, if ‘no’, You might be eating dirt with your food.  We do a lot of things with our hands and are always dirty.  These dirt might include germs. Now, supposing we have cases of coronavirus you might eat this virus with your food, too.  And so our lesson, today, will be on one of a very important personal hygiene practices and that is ‘Hand Washing” |  |
| **Actual Teaching for Learning Activities** | Our activities today will base on a text that I will read to you. The text is about ‘Washing Hands’. The little boy in the story is John. Now, listen carefully while I read.  ***Washing Hands***  One day, John played all day outside. His mother called him in for dinner. His hands were covered with dirt. “Did you wash your hands”, asked his mother. What do you think John did?  First, he wet his hands with water.  Next, he rubbed his hands with soap.  Then, he rinsed his hands with water.  Finally, he dried his hands with a clean towel.  I will ask you the first question and our teachers -------- will guide you through with the possible answers to the question.  ***Question 1:*** Why is it important to wash your hands?  ***Parents tip:*** *parents can discuss answers to the question with your child.*  Pause for a minute to allow learners think of an answer.  Madam Noelyn to lead them through with these reasons   * *for Cleanliness* * *to get rid of germs* * *A very good practice and should be practiced so that it develops within you and be part of your daily living.*   NB: All the above points were further elaborated by the teacher in pidgin.  ***Question 2:*** When do you wash your hands?  Children are you ready to answer the question? Repeat question in pidgin.  ***Parents tip:*** *parents can discuss answers to the question with your child.*  Pause for a minute to think then Madam Didry to lead them with when to wash our hands.  We need to wash our hands   * *Before preparing food, cooking and eating* * *After using the toilet* * *After doing both indoor and outdoor activities eg. Washing toilet, sweeping and weeding (repeat in pidgin)* * *After playing and touching animals* * *After coughing, blowing nose and sneezing*   But if you do not wash your hands every time, you will not be healthy and will have sick like diarrhoea, coronavirus and other sickness too. So we must wash our hands every time so that we stay healthy. (pidgin)  ***Question 3:*** What do you need to do when you wash your hands?  ***Parents tip:*** *parents can discuss answers to the question with your child/children.*  Pause…. Allow learners to think….  Madam Abigail to lead you through with the steps of washing hands.  Learners as you have already heard from the text the steps of washing hands.  Learners what you need to do when washing your hands are as follows:  **First,** Wet your hands  **Next,** Rub hands with soap  **Then,** Rinse hands with clean water  **Finally,** Dry hands clean towel.  Now, I will repeat the steps again and I would like you to act or mime the steps.  Learners as we are about to go back to school, the steps in keeping our hands clean are very important for us to know.  NB: This part of the teaching and learning session was delivered in pidgin.  *Parents’ tip –* make sure your child mimes/ acts the steps. |  |
| **Conclusion Activities** | ***Say:*** To conclude. I will repeat our key questions and you need to answer the question to your parent or guardian  Why is it important to wash our hands?  When do we need to wash our hands  What do we do when we wash our hands?  *Parents’ tip –* Repeat the questions to your child and listen to their answers.  Sing the song again.  Say: okay learners we are going to sing the song again and we would like you to sing with us.  **Repeat song with additional verses**.  **Additional verses to the song**  Wash your hands after going to the toilet to get rid of germs  Wash your hands before you eat to avoid eating germs  Wash your hands with soap and water  TO AVOID CORONAVIRUS  **Hem nomoa from mifala for today, Once again our good parents/guardians, make sure you help/support your child with the questions and their answers.**  **From mifala – June Ruma, Noelyn Otari, Didry Gwali, Abigail Marita and myself Pauline.**  **Thank You Everyone for listening ------------**  **All say: ….BYE….** |  |